



Aerial Artist
Lauren Mason

NEW
Aerial Dance
MODULE

**AS PART OF NEW 50HR ADVANCED
AERIAL TEACHER TRAINING COURSE**

Have you ever dreamed of having wings that could take you higher, twirl you faster or float you across the floor? Are you captivated by what's possible with the combination of the air and dance? Do you love to move with an ensemble or create your own solo?

The new inclusion of a specialised Aerial Dance Module in our 50HR Advanced Teacher Training Course will give you the aerial gymnastic curriculum that will take you or your clients to the next level elite fitness while giving you the gift of expression through music and movement. And better yet, Aerial Dance can be enjoyed by all ages!

With talented aerial dance and gymnastic coach Lauren Mason you will be invited to safely explore the skills of aerial choreography and artistry, while senior aerial yoga instructor trainer Renae Stevens will help you understand the progressive building blocks of mastery needed to bring this genre of fluid flips and tricks to life with your students.

ENROL NOW | COURSES START NOVEMBER 2021



ENROL AS PART OF THE
50HR ADVANCED
COURSE



ENROL AS PART OF THE FULL
150HR POSTGRADUATE
COURSE